Wilderness First Aid

January 31 – February 2, 2025

Сатр Ногпе



Designed for scouts and scout leaders, outdoor enthusiasts and anyone who works or spends time in remote environments, this course teaches advanced skills to be used in emergencies when help from professional first responders may be far away. Based on the Boy Scouts of America Wilderness First Aid Curriculum and Doctrine Guidelines, this course aligns with OSHA's Best Practices for Workplace First Aid Training Programs. Scout units engaging in treks to high adventure bases or similar trek activities must have at least one registered adult with current Wilderness First Aid certification.

Prerequisites:Must be at least 14 years oldSuccessful completion:2 year certification in Red Cross WFA and CPR/AEDCourse length:16 hours (participant must be present for entire course)

Topics include:

- Primary and Secondary Assessments
- Head/Brain, Neck and Spinal Injuries
- Heat-Related Emergencies
- Hypothermia
- Altitude-Related Illnesses

- Allergies and Anaphylaxis
- Burns
- Bone and joint injuries
- Wounds and wound infection

Course Fee:

Cost per participant is \$150.

The course fee includes training materials, shirt (long sleeve polyester wicking material), patch, and food (**Saturday** breakfast, lunch, dinner and **Sunday** breakfast, lunch). Participants need to eat dinner Friday before arrival.

The course is limited to 20 participants and registration is on a first-come, first-served basis. In order to receive a shirt, participants must register by Sunday, January 19, 2025. In order to have time to order supplies and food, **registration will close at noon on Friday**, **January 24, 2025**.

Participants may camp overnight in a tent or Adirondack, or they may travel to and from camp. Participants <u>must be on time</u> and remain throughout the entire course for successful completion.

Course Schedule:

Arrival should be no later than 5:45 pm on Friday, January 31st and the course should conclude by 4:00 pm on Sunday, February 2nd. CPR/AED training is conducted Friday evening and goes late. Saturday evening, there are night-time scenarios conducted. The course delivery includes didactic training with realistic hands-on simulated injury scenarios. Portions of the course will be conducted outside so participants need to dress for the weather. Training will continue regardless of weather conditions. On Sunday afternoon, there will be a written test and realistic scenarios to test competency. Participants must pass the written and hands-on portion to obtain certification.

Recertifying:

The participant's WFA and CPR/AED certification must be current. The fee is \$100 and does not include a shirt). Participants wishing to recertify must register no later than January 22, 2025. Those recertifying must arrive by 11:00 am on Sunday, packed, and ready to participate in all field scenarios as well as pass the written exam.

For More Information, contact:

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